McKenzie
Back Support

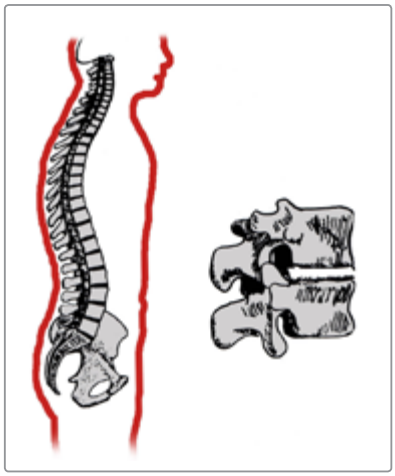
by Kondator

Practical cushion thats gives comfortable lower back support. Height adjustable and easy to attach, for work or in the car. Made of fire resistant cold foam, with detachable cotton fabric.

"It is dangerous to sit"

Sitting in an incorrect position is the most common cause of chronic spine problems.Unfortunately, we tend to lean forward when we are sitting, standing or just carrying out our regular daily activities. An incorrect sitting position puts harmful pressure on vertebra, which can cause both discomfort and prolonged pain.

Correcting our sitting position often eliminates chronic spine problems. May be combined with some daily "McKenzie concept" back bends in a standing position.



The spine is nature's own fantastic structure – a high technology construction which consists of neck, breast, and lower vertebra, with a total of 118 flexible joints.

The Original McKenzie

SPECIFICATIONS

- Positions you correctly in your chair
- Reduces, and may even prevent, serious back problems
- Hard wearing, detachable cotton fabrics with zipper.
- Strap catch with clip lock.
- Inner cushion made of polyester.
- Dimensions: 370 mm long by 200 mm high and 55 mm wide
- Part no: 476-0026